

Canada & New England
Fall Colour Cruise: Boston to Montreal
September 12 - 25, 2023



Bar Harbor, Maine



Lunenburg, Nova Scotia



Québec City, Québec

**Cruise the magnificent seas of
New England and the Maritimes to Montreal.**

Highlights

Overnight in Boston with a city tour before embarking onto the ship.

Portland, Maine • Saint John, New Brunswick

Halifax and Lunenburg, Nova Scotia • Corner Brook, Newfoundland

Charlottetown, Prince Edward Island • Saguenay and Québec City, Québec

Overnight at Place d'Armes hotel in the heart of Old Montreal

Pinnacle Grill – We love spoiling our guests, so we include one dinner in this private dining room. Just for you.

September – Cool mornings and comfortable afternoons.

Hotel overnights to & from the ship – Arrive relaxed, on board and at home.

Included Shore Excursions – We include all the shore excursions in each of our ports of call.

Reserve Today While Cabins Remain!

Your 14-Day Journey

Day 1 **Depart for Boston, Massachusetts**

Enjoy your private car home pick up service. Guests departing from the Toronto airport are assisted with their check-in. Meet your Journey Manager and fellow guests, and board your flight to Boston, Massachusetts. Our Journey Manager travels with you to take care of all the details throughout the journey, enabling you to concentrate on your experience. We transfer for our hotel where the afternoon is at your leisure to explore. This evening, join us for dinner at our hotel.

Overnight: Lenox Hotel, Boston

Meals: Dinner

Day 2 **Boston**

This morning we discover Boston with our local guide and enjoy all the panoramic highlights of the city, as well as a short walk through the historic North End. We pass some of the scenic highlights of Boston's Freedom Trail – Trinity Church, the Boston Public Library, Back Bay, Newbury Street, the Public Garden, the Boston Common, Beacon Hill and the Massachusetts State House. Time permitting, you will stop to take a few photos at Copley Square. Cross the Charles River to Cambridge; then, near Harvard Yard, you will stroll past the hallowed halls of America's oldest and most prestigious university. Following lunch in a local restaurant we continue to the pier and board the MS Zaandam, our home for the next 7 nights. All meals will be served on board unless otherwise indicated.

Overnight: MS Zaandam

Meals: Breakfast, Lunch, Dinner

Day 3 **Portland, Maine**

Portland has grown from a small colonial seaport to Maine's largest metropolitan area – and one of the hippest towns on the East Coast – over the past 400 years. In the last few decades, urban renewal projects breathed new life into the historic waterfront and downtown areas, where trendy restaurants and galleries sit side by side with handsome heritage landmarks. Despite this city's cultural and culinary flair, it's still a thriving fishing port offering a bit of grit alongside its graciousness.

Included Shore Excursion – Peaks Island Lobster Bake

Take the ferry (not exclusive to Holland America Line guests) and transfer from Portland to Peaks Island, three miles away. The 20-minute voyage is a scenic introduction to Casco Bay. Step ashore, where a short walk brings you to the Inn on Peaks Island. Here, a delicious lobster bake buffet lunch is served in typically 'Downeast' island surroundings.

You will have 30 minutes of free time to explore the waterfront area and indulge in some shopping, photography or people-watching. Notes: Free time may vary slightly based on the ferry schedule.

Approx. 3 hours

Overnight: MS Zaandam

Meals: Breakfast, Lunch, Dinner

Day 4 Saint John, New Brunswick

Nestled on the powerful Bay of Fundy, Saint John is a beautiful, historic, and vibrantly urban city—surrounded by breathtaking and rejuvenating nature experiences. You can have it all. Whether you live in or visit Canada's first incorporated city, you're sure to be caught up in its gorgeous historic architecture, eclectic shops and restaurants, and rich arts and culture experiences. You'll also be swept away by its natural attractions. The tides of the Bay of Fundy, the nature trails of Rockwood Park, and the relaxing pockets of historic urban parks all invite you to breathe deeply and enjoy a pause from the city's energy.

Included Shore Excursion – Saint John, St. Martin & the Bay of Fundy

Experience stunning coastal scenery and photograph some charming covered bridges. See the site of Moosehead Brewery -- the oldest independent brewery in Canada -- and hear about Saint John's rich military history as your tour takes you past key sites, such as the Carleton Martello Tower and Fort Howe. Take in the Victorian architecture of the Historic District, including stately homes and quaint historic churches. Visit the famous Reversing Falls Rapids, where the highest tides in the world push against the Saint John River, causing it to reverse twice daily. Explore St Martins, a traditional fishing village on the shores of the Bay of Fundy and stroll along a rugged Bay of Fundy beach to see the sea caves in St Martins. Back in town, don't miss the vibrant Saint John City Market -- a chance to chat with the local vendors and purchase some local specialties. Overlooking the beautiful Bay of Fundy, travel back in time to the 1600's when you visit Place Fort La Tour and experience life at that time, complete with Palisade, Bastion, and Blacksmith Forge, all nestled amongst replica fort buildings.

Approx. 6 ½ hours

Overnight: MS Zaandam

Meals: Breakfast, Lunch, Dinner

Day 5 Halifax & Lunenburg, Nova Scotia

Halifax was established by the British to counterbalance the French presence in Québec and Acadia, which at the time included present day New Brunswick, Prince Edward Island, Cape Breton Island and the Gaspé Peninsula. For most of its early history, Halifax was the primary North Atlantic base for the Royal Navy. It prospered during times of conflict and languished during times of peace. Our time ashore today takes you to some of the most interesting and famous places in this idyllic city and province.

Included Shore Excursion – Peggy's Cove & Lunenburg

Likely one of the prettiest and best-known places in Nova Scotia, Peggy's Cove has retained her glory and picturesque vistas for many generations. A scenic drive takes us to Lunenburg, home of our famous Canadian Schooners, Bluenose and Bluenose II. This gorgeous town has been designated a UNESCO World Heritage Site to ensure protection for much of Lunenburg's unique architecture and civic design, as it is the best example of a planned British colonial settlement in North America. The original inhabitants of Lunenburg (mostly Germans from the southern Rhineland, Swiss and French Protestants from Montbeliard) came during the same wave of immigration that produced the Pennsylvania Dutch. They were "Foreign Protestants" encouraged by the British to settle in the area. Many of the original families and descendants still inhabit and influence the development of the town today.

Approx. 7 hours

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 6 Day at Sea

With many optional activities on board, you decide in what you indulge. Treat yourself at the spa, take a yoga class, or relax on deck with a good book.

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 7 Corner Brook, Newfoundland

Newfoundland's fourth-largest city, Corner Brook is the hub of the island's west coast. Hills fringe three sides of the city, which has dramatic views of the harbor and the Bay of Islands. The town is also home to a large paper mill and a branch of Memorial University. Captain James Cook, the British explorer, charted the coast in the 1760s, and a memorial to him overlooks the bay.

Included Shore Excursion – Gros Morne National Park

Gros Morne National Park, a UNESCO World Heritage Site, is where you will learn about the collision of the continents that formed this land. Its dramatic geology means that it contains rock that is more than a billion years old. Re-live the past through archives dedicated to Eskimos, Maritime Archaic Natives, Beothucks and early Europeans. See how these peoples lived and survived in this beautiful but harsh environment. Your tour will take you to the National Park Visitor Center, Lobster Cove Head Lighthouse, Norris Point Lookout and the communities of Norris Point and Rocky Harbour. A light lunch of soup and sandwiches will be served at Rocky Harbour.

Approx. 7 hours

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 8 Day at Sea

With many optional activities on board, you decide in what you indulge. Treat yourself at the spa, take a yoga class, or relax on deck with a good book.

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 9 Charlottetown, Prince Edward Island

Prince Edward Island may be Canada's smallest province, but it's big on history and attractions. In 1864, one of the most important events in Canadian history took place in Province House – the famous Charlottetown Conference which resulted in the creation of the Canadian confederacy.

Included Shore Excursion – Anne, Lobster & Scenic Drive

Welcome to Charlottetown, birthplace of the Canadian nation. Prince Edward Island is a place noted for its friendly people, warm hospitality, rolling farmlands, stunning seascapes, tiny villages and bustling harbours, all of which you will see along the scenic Blue Heron Drive. P.E.I.'s North Shore is most famous for the red cliffs of P.E.I. National Park. Here, you will also find Cavendish Beach, the Anne of Green Gables Homestead and delicious lobster. Enjoy lunch at the Prince Edward Island Preserve Company, an island landmark known for its great food. The owners, Bruce and Shirley MacNaughton, have renovated a 1913 butter factory into wonderful showcase of island products including their own world-famous preserves. It is located in one of Canada's prettiest villages brimming with island charm and hospitality along with a spectacular view.

Your lobster lunch (alternatives are available) will include fresh cooked lobster with traditional island potato salad and coleslaw. Choose island mussels or homemade soup as an appetizer, and for dessert, dive into a luscious slice of divine raspberry pie.

Approx. 4½ hours

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 10 Cruising the Gulf of St. Lawrence

A lighthouse on little St. Paul's Island is a stark reminder of days gone by as you sail past this infamous old shipwreck site, known as the graveyard of the gulf, on your way through the Cabot Strait and into the Gulf of St. Lawrence. So huge is the gulf that half of Canada's 10 provinces have a coastal connection to it. Perhaps that's not surprising, considering that it's the world's largest estuary and fed all the way from the Great Lakes 1,200 kilometers away.

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 11 Saguenay

The quaint waterfront town of Saguenay is situated in Saguenay-Lac-Saint-Jean—a stunning region named after two standout geographical features that were formed by glaciers: Lake (or Lac) Saint-Jean and the Saguenay River, which winds through one of the longest fjords in the world. These natural glories allow visitors to Saguenay access to a number of seasonal outdoor activities, from kayaking on Lac Saint-Jean and hiking and biking in Saguenay Fjord National Park to winter sports galore.

Included Shore Excursion – Saguenay & the Heritage Route

At the tip of a majestic fjord, where the waters of the Saguenay and the St Lawrence Rivers meet, you will find the charming village of Saguenay. Visit the district of Chicoutimi -- known for its decidedly French atmosphere and a touch of the Old World, and learn about the area's culture and history. As you begin your sightseeing tour, you'll discover the importance of Saguenay Fjord, deeply chiseled into the Laurentian Mountains and once a natural trading route for the First Nations people. Drive along the main street, Rue Racine, and past the Old Port. Stop for photos at the Cultural Quarter and the Little White House that miraculously survived the flood of 1996, and at the Pulp Mill of Chicoutimi. Next you will drive through Arvida -- the 'Washington of the North'. This is perfect example of a 20th-century company town -- in 1926, 270 houses were built here in 135 days -- each one completely different from the others. See the world's first aluminum bridge, built to display the strength and diversity of aluminum, and visit the Sir William Price Museum housed in a wonderful Anglican chapel built in 1912.

The museum is dedicated to the pulp and paper dynasty of four generations of the Price family. Drive by the homes of both management and workers of the company town of Old Kenogami. Before returning to the ship, you will see the area of Jonquiere, also built as a company town.

Approx. 3½ hours

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 12 Québec City

In 1608, Samuel de Champlain founded a settlement at Kébec, an Algonquin word meaning 'place where the river narrows.' In doing so, he established what would become the first permanent French settlement in North America and one of the world's most enchanting cities with a tree lined "Champs Elysées," buttery croissants, the lilt of French and a grand château on the river. Is this Canada, or is it France? It is both. A bastion of French culture in North America where impassioned Québécois hold dear their history, language and culture. Québec is also the largest walled city in North America.

Included Shore Excursion – Best of Québec & Countryside

Learn the fascinating history of Québec as you are whisked back in time to relive the city's 400-year legacy followed by a journey along the St. Lawrence River to one of the most picturesque areas of the Province of Québec known as the Beauport Coast. First, visit the Ste-Anne-de-Beauport Shrine where popular belief says that Ste. Anne saved numerous shipwreck victims off Cap Tourmente. Head over to the Island of Orléans for a scenic drive through pastoral landscapes, and an exquisite lunch in a beautiful setting. Visit an authentic cabane à sucre (sugar shack) to see how maple products are made and taste sweet maple taffy. As you make your way back to Québec City, stop at Montmorency Falls. Cascading down a 272-foot cliff, the falls are one and a half times as high as Niagara Falls. See the powerful forces of nature as the water of the Montmorency River roars down the cliff to eventually meet with the St. Lawrence River. Inside the fortress walls of Old Québec, discover the strength and beauty of the cradle of the French culture in North America. This city is a remarkable mélange of Amerindian, French and British heritage, evident in its narrow cobblestone streets, stone gates and ramparts.

Stop at Dufferin Terrace and the Château Frontenac Hotel, Québec's most famous landmark with panoramic views over the Old City, the Lower Town, the St. Lawrence River and the surrounding countryside.

Approx. 7½ hours

Overnight: MS Zaandam
Meals: Breakfast, Lunch, Dinner

Day 13 Montreal, Quebec

We disembark the ship and set off on a half day tour of Montreal to discover the many facets of the city. Enjoy a journey through time in Old Montréal, located between the St. Lawrence Seaway and the downtown skyscrapers. Founded in 1642, this old town is one of the most popular attractions for visitors and locals alike. It's also the home of the Notre-Dame-Basilica, widely recognized as one of the most impressive landmarks in the world. The original stained-glass windows here paint a story of Montréal's religious history. There's also Olympic Stadium, created for the Summer Olympic Games in 1976. This architectural masterpiece features the tallest inclined tower in the world at 539 feet (165 meters). Mount Royal Park offers an impressive view of the city from its lookout location and St. Joseph's Oratory is the largest Italian Renaissance-style basilica in Canada. Other points of interest include Chinatown, Old Port, Bonsecours Market Building, Place Jacques Cartier, City Hall, Place Ville-Marie, and much more. Following lunch, the rest of your day is at your leisure to continue exploring. Join your fellow travellers for a farewell dinner at the hotel.

Overnight: Hotel Place d'Armes, Montreal

Meals: Breakfast, Lunch, Dinner

Day 14 Montreal & Home

We then bid farewell to our new friends and make our way to the airport for our flight home. Guests arriving at the Toronto airport are greeted and assisted to their private car home.

Overnight: Home

Meals: Breakfast

All information contained in this itinerary is correct at time of printing and is subject to the terms and conditions as listed on our web site at www.journeysbyvandyke.com or available from our office on request. We must reserve the ability to make improvements.

Ports of call and shore excursions are subject to change at the discretion of the shipping operator, ground operators or Journeys by Van Dyke. While we endeavour not to make changes, when we have to, changes are always intended to improve the journey experience.

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Your Journey Includes

First Class Accommodation

Boston	Lenox Hotel	1 night
Cruise	MS Zaandam	11 nights
Montreal	Hotel Place d'Armes	1 night

Included Flights

Airline:	Air Canada
Outbound:	Toronto (YYZ) - Boston (BOS)
Inbound:	Montreal (YUL) – Toronto (YYZ)
Class of Service:	Economy <i>Premium Economy and Business are available on request</i>
Note:	Fly from select Canadian gateways for only \$100 <i>For additional gateways and further information, contact us for details.</i>

Journeys by Van Dyke Inclusions

Journey Manager	Services of a professional Journey Manager throughout the journey
Home-Pickup Service	Private car home pick-up & return service (where available) or a credit or
Hotel Overnight	Hotel overnight near Toronto Pearson International Airport
Gratuities	Tips included for all intermediaries: all ship staff, Journey Managers, local sightseeing guides, coach drivers, porters, etc.
Porterage	Porterage for one piece of baggage
Visas & Fees	All fees, visas, port & service charges
Gift with Every Journey	Branded overnight carry-on bag or backpack
Taxes	All taxes incl. HST, PST, VAT

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Journey Specific Inclusions & Experiences

- Complete pre-trip information & assistance
- 13 breakfasts, 12 lunches, 13 dinners
- All sightseeing & entrance fees as listed
- Boston City Tour
- Montreal City Tour

7 Included Shore Excursions

- Peak Island Lobster Bake
- Saint John & Bay of Fundy
- Peggy's Cove & Lunenburg
- Gros Morne National Park
- Anne, Lobster & Scenic Drive
- Saguenay and the Heritage Route
- Best of Québec & Countryside

Fares

Cabin	Double Occupancy	Single Occupancy
L – Inside	\$8,490 CAD	\$10,990 CAD
DD – Outside	\$9,190 CAD	\$11,990 CAD
D – Outside	\$9,290 CAD	\$12,190 CAD
C – Outside	\$9,390 CAD	\$12,290 CAD
B – Suite	\$11,290 CAD	\$16,790 CAD
AA – Suite	\$11,490 CAD	ON DEMAND

Fuel Surcharges - These journey fares include the current known fuel surcharges. Additional supplier fuel charges and or government fees may apply at final payment date.

Holland America Line MS Zaandam



Designed to carry fewer guests while providing more space for maximum comfort, the ms Zaandam is a prize in the mid-size ship category. Offering spacious public areas and plush accommodations, many staterooms have private verandahs.

The musically themed ms Zaandam offers a unique shipboard atmosphere. Inspired by the world's great music, artifacts and memorabilia from a variety of musical genres decorate the ship. You'll find musical instruments such as Bill Clinton's saxophone and signed guitars from Queen, Iggy Pop, Eric Clapton and the Rolling Stones used as art objects throughout the ship. At the heart of the ms Zaandam, in a soaring three-storey atrium: a Baroque-style Dutch pipe organ, inspired by the traditional barrel organs still found on the streets of The Netherlands. Enjoy an onboard iPod self-guided tour of the complete Zaandam art collection.

Stateroom amenities include:

- Deluxe waffle weave and terry cloth bathrobes for use during your voyage
- 100% Egyptian cotton towels
- Luxurious beds featuring Sealy® Premium Euro-Top mattresses and finely woven cotton linens
- Premium massage showerheads
- 5X magnifying make-up mirrors and salon-quality hair dryers
- Fragrant soaps, lotions, shampoo and other bath amenities from Elemis Aromapure
- Complimentary fresh fruit on request
- Elegant ice bucket and serving tray for in-stateroom beverages
- Flat-panel TV and DVD player
- Ice service, shoeshine service and nightly turndown service

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Vista Suite B, BB, AA, A

213 – 379 sq. ft. including verandah

With a teak-lined verandah, floor-to-ceiling windows and comfortable sitting area, these comfortable suites are filled with light. They include two lower beds convertible to one queen-size bed—our signature Mariner's Dream™ bed with plush Euro-Top mattresses, plus a whirlpool bath and shower, mini-bar and refrigerator.



Ocean-view DD, DA, D, C

174 – 255 sq. ft.

These expansive staterooms include two lower beds convertible to one queen-size bed—our Signature Mariner's Dream™ bed with plush Euro-Top mattresses, premium massage shower heads, a host of amenities and an ocean view.



Inside I

151 – 233 sq. ft.

Two lower beds convertible to one queen-size bed—our signature Mariner's Dream™ bed with plush Euro-Top mattresses, premium massage shower heads and a host of amenities are featured in these comfortable staterooms.



VERANDAH DECK

Staterooms 6100-6228

NAVIGATION DECK

Staterooms 7001-7088

LIDO DECK

SPORTS DECK

ZAANDAM

DECK PLANS & STATEROOMS

The deck plans are color-coded by category of stateroom, and the category letter precedes the stateroom number in each room. All staterooms are equipped with flat-panel television, DVD player, telephone and multichannel music.

Important Note: Not all staterooms within each category have the same furniture configuration and/or facilities. Appropriate symbols within the rooms on the deck plans describe differences from the stateroom descriptions below.

VERANDAH SUITES

PS

Pinnacle Suite: Bedroom with 1 king-size bed, oversize whirlpool bath & shower, living room, dining room, dressing room, private verandah, pantry, 1 sofa bed for 2 persons, mini-bar, refrigerator, guest toilet, floor-to-ceiling windows.

SA SB

Neptune Suites: 2 lower beds convertible to 1 king-size bed, whirlpool bath & shower, large sitting area, dressing room, private verandah, 1 sofa bed for 2 persons, mini-bar, refrigerator, floor-to-ceiling windows.

A AA B BB BC

Vista Suites: 2 lower beds convertible to 1 queen-size bed, whirlpool bath & shower, sitting area, private verandah, mini-bar, refrigerator, floor-to-ceiling windows.

OCEAN-VIEW STATEROOMS

C

Large: 2 lower beds convertible to 1 queen-size bed, shower.

D DA DD E EE

F FF

Large: 2 lower beds convertible to 1 queen-size bed, bathtub & shower.

G H HH

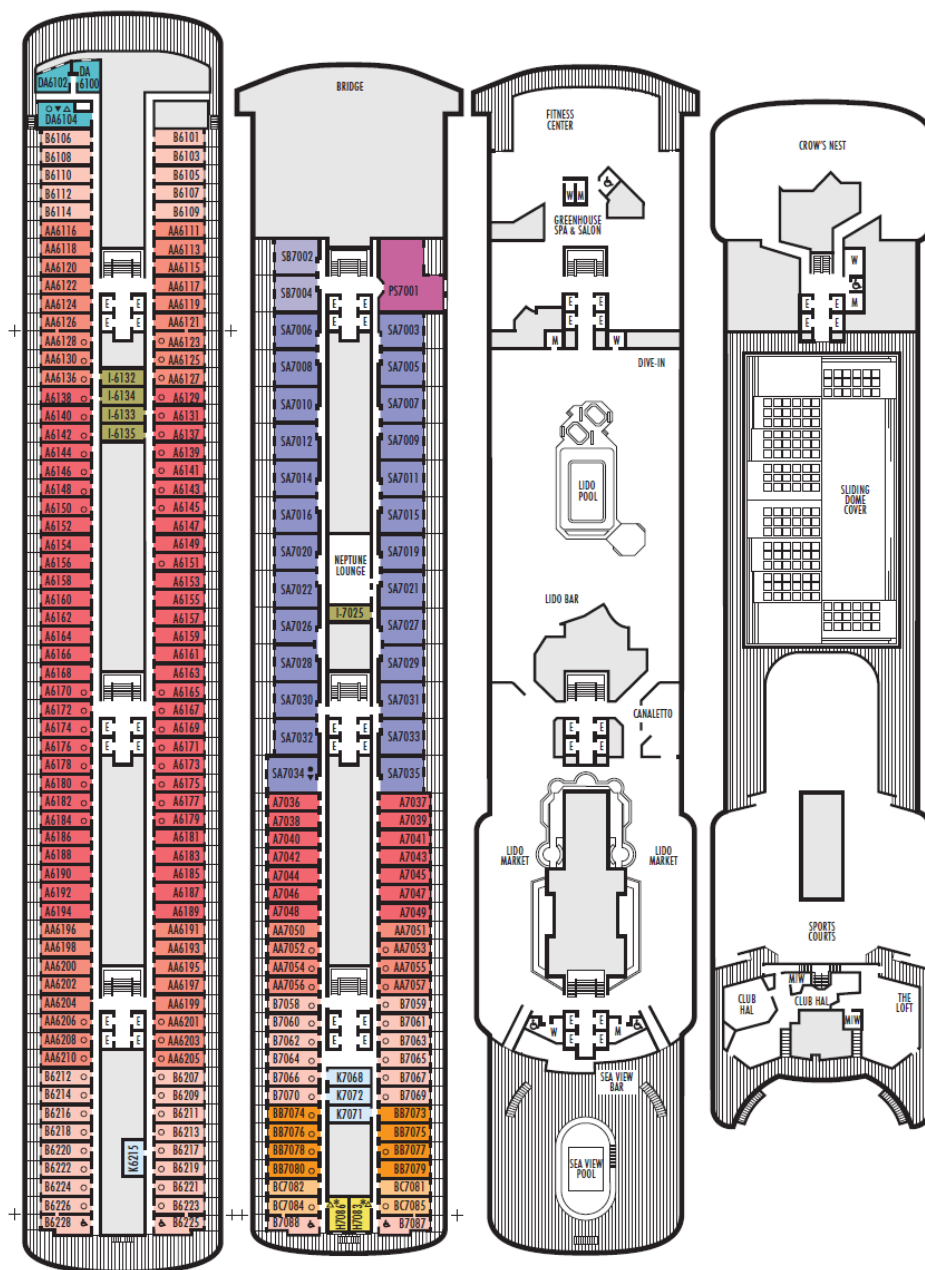
Large: 2 lower beds convertible to 1 queen-size bed, bathtub & shower. All G-category staterooms have portholes. All H-category staterooms have partial sea views. All HH-category staterooms have fully obstructed views.

INTERIOR STATEROOMS

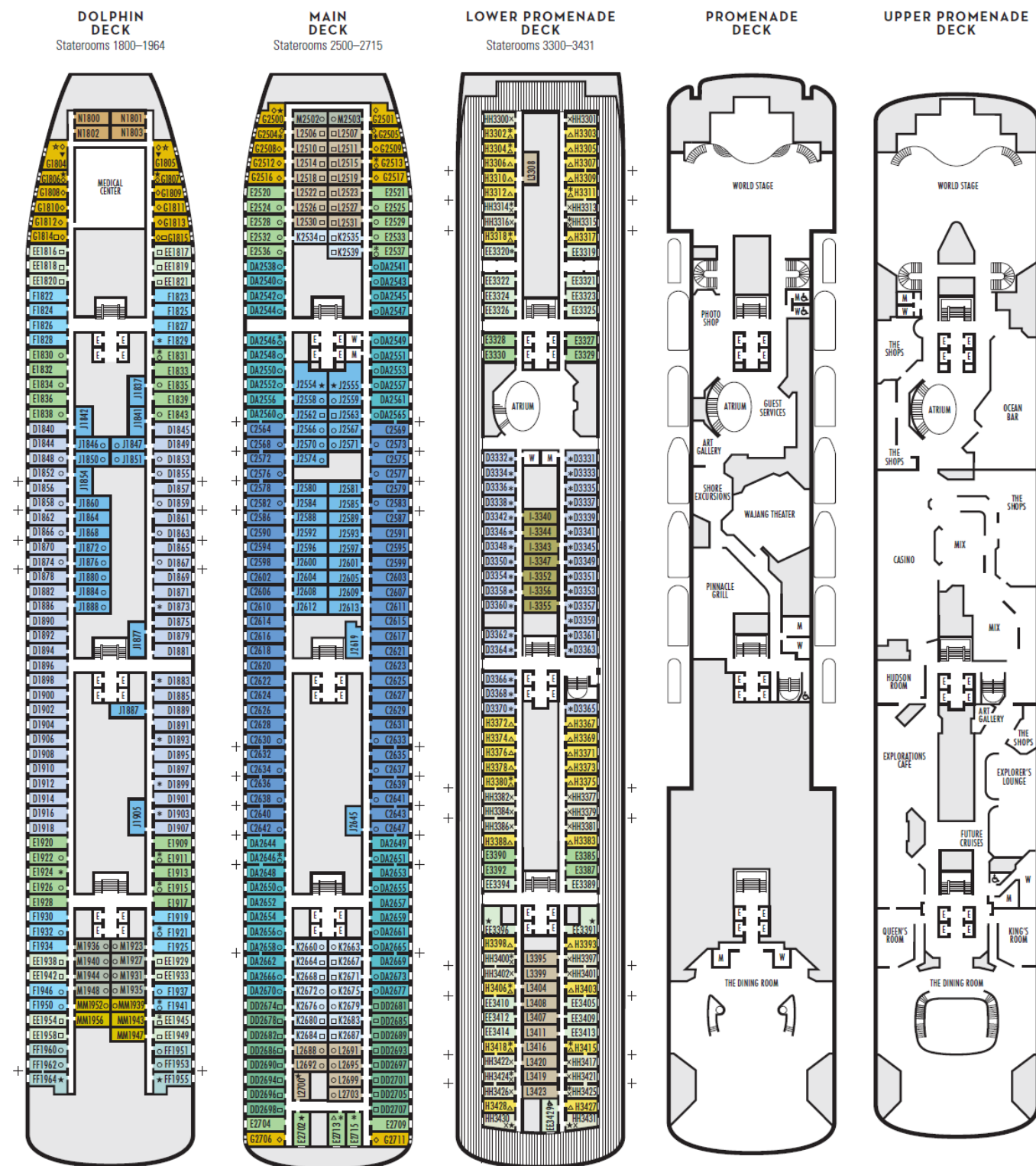
I J K L M

MM N

Large: 2 lower beds convertible to 1 queen-size bed, shower.



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STATEROOM SYMBOL LEGEND

- Quad (2 lower beds, 1 sofa bed, 1 upper)
- Triple (2 lower beds, 1 sofa bed)
- ☆ 2 lower beds not convertible to a queen-size
- △ Partial sea view
- × Fully obstructed view
- Bath tub & shower
- * Shower only
- + Connecting rooms
- ◇ These staterooms have portholes instead of windows

ACCESSIBILITY STATEROOM SYMBOL LEGEND

- ♿ Fully Accessible: Suites B7088, B7087, B6228 & B6225 and stateroom EE3429 have roll-in shower only
 - ▼ Fully Accessible with Single Side Approach: Suite SA7034 has a bathtub & roll-in shower. Staterooms DA6104, G1805 & G1804 have a roll-in shower only.
 - ★ Ambulatory Accessible: Staterooms EE3396, EE3391, HH3431, HH3430, E2702, L2700, J2555, J2554, G2500, FF1964, FF1955, G1807 & G1806 have a roll-in shower only
- For information regarding stateroom bedding configurations and accessibility features on our ships please visit the [Accessibility](#) section of our website.

SHIP SPECIFICATIONS & FACILITIES

- 1,432 Guests
- 604 Crew
- 61,214 Gross Tons
- 780 Feet Long
- 9 Guest Decks
- Wraparound Promenade Deck
- 6 Restaurants & Cafes
- 6 Entertainment Venues
- 7 Lounges/Bars
- 2 Outdoor Swimming Pools (one with sliding glass roof)
- Spa & Salon
- Fitness Center
- Suite Lounge
- Duty-free Shops
- Library/Internet Cafe
- Onboard Wi-Fi Access
- Casino
- Sport Courts

Outstanding Accommodation

Boston

1 night

The Lenox Hotel

Centered in Boston's historic Back Bay area, this boutique hotel features a state-of-the-art gym, award-winning dining and elegant rooms with free Wi-Fi. John Hancock Tower is 5 minutes' walk away.

Each room boasts panoramic views of the Back Bay neighborhood. Flat-screen TVs, a small fridge and plush terry bathrobes are provided. The luxury rooms offer mahogany furniture and crystal lamps.

The Lenox is 3 blocks from famous restaurants and shops on Newbury Street. Fenway Park baseball stadium is just 1.6 km from the hotel and Northeastern University is a 15-minute walk away.



Montreal

1 night

Hotel Place d'Armes

Set in the heart of Old Montreal, within walking distance to a variety of attractions and Place d'Armes metro, this hotel offers free WiFi, relaxing spa services and gourmet dining options. The guestrooms and suites at Le Place d'Armes Hotel & Suites feature luxuries such as down duvets, cozy bathrobes and well-stocked minibars. Guests can work out in the fully equipped fitness centre or relax with a massage in the full-service Rainspa.



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Personal Notes & Questions