

**Portugal, Spain & the Douro Valley**  
Explore Quaint Villages & Tranquil Vineyards  
on board the *Spirit of Chartwell*  
October 20 – November 3, 2023



Lisbon, Land of Explorers



Douro River Cruise



Santiago de Compostela

## Highlights

### Lisbon

Europe's second-oldest capital, once home to the world's greatest explorers like Vasco da Gama, Magellan and Prince Henry the Navigator, it became the first true world city and capital of an empire spreading over all continents, from South America to Asia

### Discover

Cascais, Óbidos-flowered town of Portugal, Nazaré, Batalha, Coimbra-Europe's oldest University, Viana Castelo, Braga-the Rome of Portugal, UNESCO's Guimarães and the Sacred Way, Santiago de Compostela - ancient pilgrimage, Wooden Balconies of Amarante Quinta de Aveleda winery visit, Figueira de Castelo Rodrigo, Mateus Palace, Salamanca Spain - home of Flamenco

### Douro River Cruise

Witness the breathtaking port wine making region of northern Portugal from your comfortable floating hotel and during unique shore visits

### *Spirit of Chartwell*

Private charter of a family owned intimate 30 guest river boat. The *Spirit of Chartwell* was part of the Diamond Jubilee celebrations in 2012 and used personally by Queen Elizabeth II.

### Shore Excursions

Daily, designed to inspire, educate and entertain

### Lectures

Enjoy lectures on Portugal's History and Portugal Today

### Participate

Culinary Demonstrations and Vintage Port Wine Celebrations

**Limited to 28 guests. Reserve today!**

305 King Street West  
Suite 1004  
Kitchener, Ontario N2G 1B9

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journeys@jerryvandyke.com  
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## Your 15-Day Journey

### Day 1 Depart for Lisbon, Portugal

Enjoy your private car home pick up service. Guests departing from the Toronto airport are assisted with their check-in. Meet your Journey Manager and fellow guests, and board your flight to Lisbon, Portugal. Our Journey Manager travels with you to take care of all the details throughout the journey, enabling you to concentrate on your experience.

**Overnight:** Flight

**Meals:**

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### Day 2 Lisbon

On arrival in Lisbon, our local guide greets us with a smile. Enjoy lunch at a local restaurant and settle in to your hotel with the afternoon at leisure. Our local guide and your Journey Manager are on hand to assist those who want to discover the local area. This evening, join us for a relaxing welcome dinner at a special local restaurant and meet your fellow travellers.

**Overnight:** Lisbon, Hotel PortoBay Liberdade

**Meals:** Lunch, Dinner

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### Day 3 Lisbon & Sintra

This morning, all of Lisbon awaits as we discover Rossio Square, Liberty Avenue, the Belém area with the St. Jerome Monastery, the Belém Tower and the Monument to the Discoveries. In Quelez, experience the beautiful 18<sup>th</sup>-century Palace which makes this picturesque village the Portuguese Versailles. In Sintra, we dine on local traditional fare for lunch before continuing to the coast and a scenic drive back to Lisbon through Cascais, a local fishing village and along the rugged Estoril Coast. This evening our guide treats us to a traditional dinner and Fado Folklore Show.

**Overnight:** Lisbon, Hotel PortoBay Liberdade

**Meals:** Breakfast, Lunch, Dinner

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## Portugal, Spain & the Douro Valley

### Day 4 Óbidos, Nazaré & Batalha

A scenic, relaxing drive brings us to Óbidos, known as 'the Flowered Town of Portugal.' This well-preserved medieval town is without doubt one of Portugal's most classic walled settlements. Walk the ramparts, to enjoy views of windmills, vineyards and surrounding farmlands. Resembling an open-air museum, this walled medieval town has been preserved to look like a picture-postcard, with its monuments, narrow winding streets and white-washed houses with windows and terraces full of flowers. We continue to the famous fishing village of Nazaré for lunch in a seaside restaurant. In Batalha, we visit and discover the Portuguese Gothic masterpiece, the Santa Maria da Vitória Monastery. It is a national landmark also included on the UNESCO International Heritage list. One must take the time to visit the Founders' Chapel, with its magnificent stain-glassed windows, cloisters, unfinished Chapels (Manueline) and Chapter Hall.

**Overnight:** Coimbra, Quinta das Lagrimas

**Meals:** Breakfast, Lunch, Dinner

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### Day 5 Coimbra & Porto

Coimbra, set along the banks of the Mondego River, is Europe's oldest university town. A visit to the University's 18th-century library, considered one of the first copyright libraries in the world, is a must. Enjoy some free time to take photos of the dramatic views from the top of the town hill before lunch where we indulge in the traditional roasted sirloin pig and local 'champagne.' We continue to Porto, one of the most picturesque cities in Portugal. Built along the hillsides overlooking the mouth of the Douro River, it is an outstanding urban landscape boasting 2,000 years of history, displayed in the many and varied monuments, from the Cathedral with its Romanesque choir to the neoclassical Stock Exchange and the typically Portuguese Manueline-style Church of Santa Clara. In Gaia, we indulge in a traditional port wine tasting at a local cellar before arriving at our hotel for dinner.

**Overnight:** Porto, Hotel A Brasileira

**Meals:** Breakfast, Lunch, Dinner

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### Day 6 Viana do Castelo & the Stunning Iberian Peninsula (Spain)

Travelling north, we cross the beautiful province of Minho before arriving in Spain. In Barcelos, discover the home of the rooster, one of the most common symbols of Portugal. Visit the historic picturesque coastal city of Viana do Castelo, travelling up the mountain and passing by the belvedere of Santa Luzia. After a pleasant lunch, our adventure continues to Santiago de Compostela. An important centre of Pilgrimage since the Middle Ages when the Iberian Peninsula was under Moorish rule, Santiago was a strong hold of Christianity.

**Overnight:** Santiago de Compostela, AC Palacio del Carmen

**Meals:** Breakfast, Lunch, Dinner

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## Portugal, Spain & the Douro Valley

### Day 7 Santiago de Compostela

This remarkable place is one of northern Spain's most beautiful with its people, shops and music filling the air. At the Cathedral of Santiago, explore one of Christianity's most important places, where legend states that St. James, one of the twelve Apostles of Christ, is buried. Our local guide expertly takes us through the interesting streets in 'Casco Antigo,' the old area of town. After a group lunch, the afternoon is at your leisure to enjoy the beauty and history of this remarkable city at your own pace. Then this evening, dinner is served back at our hotel.

**Overnight:** Santiago de Compostela, AC Palacio del Carmen

**Meals:** Breakfast, Lunch, Dinner

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### Day 8 Braga & the Sacred Way (Portugal)

Our journey take us to Braga to experience the Bom Jesus Sanctuary. The Sacred Way, a baroque granite double staircase with several switchbacks, might look daunting, but pilgrims manage to climb it on their knees. On the numerous landings are gardens, grottoes, small chapels, sculptures, and allegorical stone figures of the virtues set in fountains. The sanctuary at the top is 400 meters above sea level and provides us with a sweeping view of Braga, the beaches of Esposende and Viana do Castelo. Enjoy lunch overlooking the city. We continue to Guimarães, Portugal's first capital and birthplace of the nation's first king. A UNESCO World Heritage Site, Guimarães boasts medieval streets and well preserved monuments which make it one of the most attractive places to visit in Europe. The town's imposing 10<sup>th</sup>-century medieval castle with its crenulated towers protected the population from attacks by the Moors and the Normans. This afternoon, we arrive in Porto and board the intimate *Spirit of Chartwell*.

**Overnight:** Vila Nova de Gaia, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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### Day 9 Amarante & Quinta da Aveleda

The pretty, riverside town of Amarante is one of the gems of Northern Portugal. Its streets are lined with rows of 17th-century mansions boasting brightly painted wooden balconies. Our guide takes us on a walking tour to the famous Roman Bride and for a visit of the S. Gonçalo church and monastery. Enjoy free time to explore this lovely village or try some of the famous sweets and pastries or wander through the interesting Museu Amadeo Souza Cardoso. Return to the ship for lunch and a scenic cruise along the Douro River. After dinner, indulge in a Vintage Port Wine Celebration.

**Overnight:** Entre-os-Rios, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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## Portugal, Spain & the Douro Valley

### Day 10 Lamego & Our Lady of Remedies

Lamego, an old and historical town, is picturesque, warm and very charming. It houses one of the most important places of pilgrimage in the country, the Sanctuary of Our Lady of Remedies. This remarkable place has witnessed pilgrimages since the 14th century and showcases a small chapel dedicated to Saint Estevão. In the 16th century a new church was built over the old chapel, as it was almost in ruins. Today's chapel took 200 years to build and is a very good example of the Portuguese baroque style.

At the top of the hill, an impressive staircase of 686 steps is decorated with enormous panels of blue and white tiles. Visit the town's museum and have free time to wander the narrow winding streets. Lamego also lays claim to some impressive cuisine, such as the 'bola e Lamego,' a bread filled with smoked ham, roasted kid, regional cakes and a tasty sparkling wine called 'Raposeira.' Returning to the Spirit of Chartwell, enjoy a culinary demonstration on board. Tonight we enjoy dinner at a local wine Quinta.

**Overnight:** Régua, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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### Day 11 Figueira de Castelo Rodrigo

This morning, we cruise a scenic section of the Douro on our way to Barca d'Alva. On board, relax with a lecture on the History of Portugal. After lunch, we venture ashore for a tour of Figueira de Castelo Rodrigo, a small fortified village with 13th-century walls. This is one of the 12 historical Parishes of Portugal and offers narrow medieval streets with 16th-century façades and Manuelino style windows. The Romans were the first to build a fortress here, and in 1209, Alfonso IX built the walls surrounding it. Jews, Arabs and Christians have peacefully co-existed here throughout the centuries and comprise the town's social fabric. Figueira de Castelo Rodrigo is known as the white village because of the almond trees found around it. Monks began producing wine here in the 12th century, and today it has become a successful wine cooperative with a gold medal wine in 1991, the white Quinta do Cardo. Storks have flocked to this city for centuries and have become the town's symbol. This evening, we enjoy the Captain's Dinner and a Portuguese Folk music show.

**Overnight:** Barca d'Alva, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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## Portugal, Spain & the Douro Valley

### Day 12 Salamanca, Spain

Our journey takes us to explore Salamanca, situated in the centre of the 'Castillo e León' region, it has been a seat of learning since the early 13th century. Founded by Celtic Iberian tribes on the banks of the river Tormes, it has been occupied by the Romans, Arabs and Christians. In the 13th century, the oldest university of the Iberian Peninsula was created, and over the centuries, the city was enriched by visiting kings, princes, bishops and artists. As a result, many call this beautiful and historic city a living museum of the Middle Ages. Visit the University, House of Shells and the beautiful 'Plaza Mayor,' formally a site of bullfighting and now a popular gathering point for locals and visitors alike. A capital of culture since 2002, and a UNESCO World Heritage site since 1988, Salamanca showcases one of the finest mixtures of Renaissance and Plataresque architecture in Spain. Our lunch is in a lovely restaurant, so you can experience local fare and a traditional, lively Flamenco Show. Tonight, enjoy a traditional Portuguese barbecue on board.

**Overnight:** Barca d'Alva, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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### Day 13 The Palace & Gardens of Mateus, Portugal

This afternoon, we travel to the land held by the last Count of Vila Real. In the Gardens of Mateus Palace, we discover the connection between Mateus Rose Wine and this beautiful 18th century house. Still owned by the Count of Vila Real, the palace has served as a Cultural Foundation, 'Casa de Mateus,' (The House of Mateus) since the 1970s. Its main aim is the preservation of the villa, study of its archives and the promotion of cultural, scientific and educational activities. Wander at leisure in the gardens, believed by many to be Portugal's most beautiful.

**Overnight:** Régua, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

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### Day 14 Porto & Port Wine

At Quinta da Aveleda, we explore the wonderful grounds and enjoy a sumptuous lunch. The history of the Quinta da Aveleda estate is lost in time, though countless records exist since the 16th century. Wine has been sold here since at least 1870 by Manuel Pedro Guedes. Since then, successive generations of the family have been devoted to the production of high quality wines, preserving this family legacy. Aside from its important architectural heritage, the Quinta da Aveleda estate is also recognized for its parks and gardens, where rare species of trees flourish, some two hundred years old. Currently the Quinta da Aveleda is the largest Vinho Verde exporting company and is proud to remain a family-owned business in every way. This evening, you're your fellow travellers for a farewell cocktail and dinner.

**Overnight:** Vila Nova de Gaia, Spirit of Chartwell

**Meals:** Breakfast, Lunch, Dinner

### Day 15            Home

Today, we bid 'despedida' to our new friends and make our way to the airport for our flights home. Guests arriving at the Toronto airport are greeted and assisted to their private car home.

**Overnight:**            Home

**Meals:**                Breakfast

*All information contained in this itinerary is correct at time of printing and is subject to the terms and conditions as listed on our web site at [www.jerryvandyke.com](http://www.jerryvandyke.com) or available from our office on request. We must reserve the ability to make improvements.*

## Portugal, Spain & the Douro Valley

### Your Journey Includes

#### First Class Accommodation

Lisbon	PortoBay Liberdade	2 nights
Coimbra	Quinta las Lagrimas	1 night
Porto	Hotel A Prasileira	1 night
Santiago de Compostela	AC Palacio del Carmen	2 nights
Cruise	MS Spirit of Chartwell	7 nights

#### Included Flights

Airline:	Air Canada
Outbound:	Toronto (YYZ) - Lisbon (LIS)
Inbound:	Lisbon (LIS) - Toronto (YYZ)
Class of Service:	Economy <i>Premium Economy and Business are available on request</i>
Note:	Fly from select Canadian gateways for only \$100 <i>For additional gateways and further information, contact us for details.</i>

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### Journeys by Van Dyke Inclusions

Journey Manager	Services of a professional Journey Manager throughout the journey
Home-Pickup Service	Private car home pick up & return service (where available) or a credit or
Hotel Overnight	Hotel overnight near Toronto Pearson International Airport
Gratuities	Tips included for all intermediaries: all ship staff, Journey Managers, local sightseeing guides, coach drivers, porters, etc.
Porterage	Porterage for one piece of baggage
Visas & Fees	All fees, visas, port & service charges
Gift with Every Journey	Branded overnight carry-on bag or backpack
Taxes	All taxes incl. HST, PST, VAT



## Portugal, Spain & the Douro Valley

### Journey Specific Inclusions & Experiences

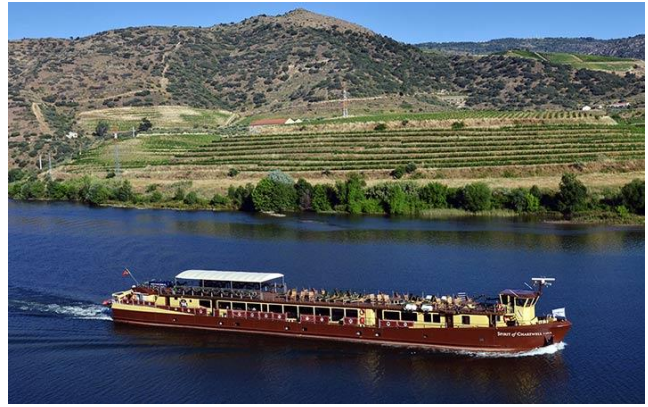
- Complete pre-trip information & assistance
- 13 breakfasts, 13 lunches, 13 dinners
- Wine and beer included with all lunches & dinner
- All sightseeing & entrance fees as listed
- Lisbon - city tour
- Estoril - land of Royal exiles
- Cascais - summer Royalty
- Sintra - one of Europe's prettiest towns
- Obidos - flowered city of Portugal
- Nazaré, authentic working fishing village
- UNESCO monastery in Batalha,
- Coimbra - Oldest university in Europe
- Porto - UNESCO World Heritage City tour
- Santiago de Compostela UNESCO World Heritage Centre
- UNESCO's Guimarães and the Sacred Way
- Braga - Cathedral and Bom Jesus Sanctuary
- Wooden Balconies of Amarante
- Lamego - Sanctuary of Our Lady and its staircase of 686 beautifully decorated stairs
- Dinner at local winery & Quinta
- Figueira de Castelo Rodrigo - 12th Parish of Portugal
- Salamanca - UNESCO World Heritage site and one of Spain's most beautiful cities with
- Flamenco performance with lunch
- Mateus Palace and Gardens
- Quinta da Aveleda tour with lunch
- Onboard Lectures and culinary demonstrations

### Fares

Cabin	Twin	Single
State Cabin	\$13,490 CAD	\$19,490 CAD
Royal Suite	\$14,490 CAD	-----

*Fuel Surcharges - These journey fares include the current known fuel surcharges. Additional supplier fuel charges and or government fees may apply at final payment date.*

## *Spirit of Chartwell*



The *Spirit of Chartwell* was chosen, out of hundreds of applicants, by the British Royal Family to be the Royal barge during the celebrations of Her Majesty Queen Elizabeth II's Diamond Jubilee. The ship's rich interiors, reminiscent of the fabled Orient Express, and its unique and distinctive design, testify to why it was selected for this highest occasion.

With 14 double cabins and one royal suite, the *Spirit of Chartwell* feels more like a private club, where guests can enjoy one another's company in a relaxed and luxurious atmosphere. Every detail of the ship was thought of to enhance this elegant and comfortable setting, where guests can both feel at home, as well as in a royal social club.

Aboard the *Spirit of Chartwell*, guests enjoy friendly and professional service provided by a well-trained staff that caters to guests' every need. A cruise on the *Spirit of Chartwell* represents a higher level regarding river cruises.

### **State Cabin - Main Deck – Twin Cabin - 129 sq. feet**

These outward facing, luxury cabins, have rich hardwood finishes, individually controlled air conditioning and heating, HD satellite television, trouser press, en suite facilities featuring a power shower a safety deposit box, double wardrobe, writing desk and hair dryer.



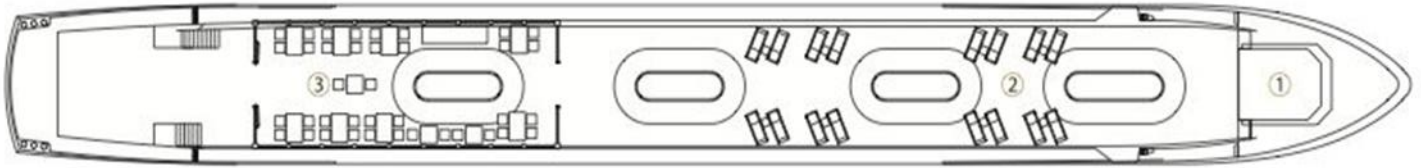
### **Luxury Royal Suite – Saloon Deck – 194 sq. feet**

The spacious luxury suite features rich hardwood finishes, complete with double bed, comfortable seating area, individually controlled air conditioning and heating, HD satellite television, trouser press and en suite facilities, featuring a power shower. Other amenities include a safety deposit box, double wardrobe, writing desk and hair dryer.

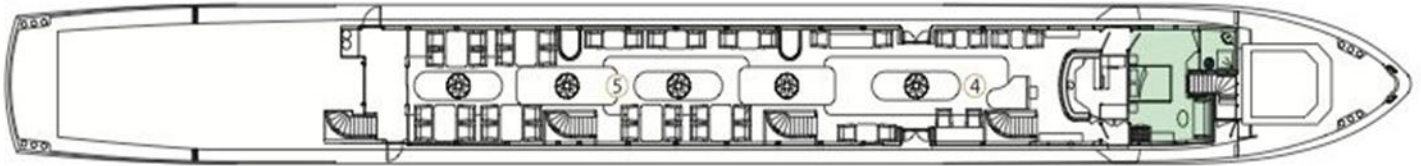


# Portugal, Spain & the Douro Valley

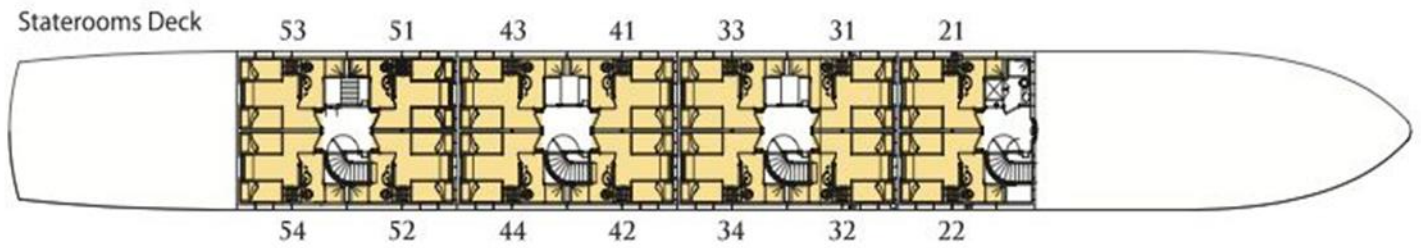
Sundeck



Saloon Deck



Staterooms Deck



Staterooms  
 Luxury Suite

- ① Wheelhouse
- ② Sun Deck
- ③ Charles Dickens Solarium
- ④ Somerset Maugham Piano Bar
- ⑤ George Bradshaw Restaurant



Sun Deck



Piano Bar



Dining Room

305 King Street West  
 Suite 1004  
 Kitchener, Ontario N2G 1B9

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## Portugal, Spain & the Douro Valley

### Outstanding Accommodation

#### Lisbon

2 nights

#### PortoBay, Liberdade

Located in the heart of Lisbon, PortoBay Liberdade is a 5-star hotel that resembles a resort in an urban setting. This boutique hotel offers an indoor swimming pool and free WiFi in all areas. Designed by the architect Frederico Valsassina, PortoBay Liberdade preserved the original early 20th century façade creating an environment that evokes details from the past and the contemporary. Each room includes a seating area, a desk, a minibar, a flat-screen cable TV, a private bathroom with free Rituals toiletries and a pillow menu.



#### Coimbra

1 night

#### Quinta das Lagrimas

Quinta das Lagrimas Hotel is set in an XVIIIth century palace surrounded by a magnificent garden. This palace has once accommodated the duke of Wellington and the king Miguel of Portugal; its garden was the stage for the love affair of Prince Pedro and Ines de Castro in the XIVth century. Quinta das Lagrimas is today a beautiful hotel decorated in traditional Portuguese style providing guests comfort and relaxation. It is conveniently located in the heart of the historic town.



#### Porto

1 night

#### Hotel A Brasileira

Hotel A Brasileira is the newest 5-star hotel located in downtown Porto. Built in the famous A Brasileira Café, the first to serve coffee in a cup on the early 20th century, and known for the local saying "the best coffee comes from A Brasileira". This new hotel has managed to preserve the building's original architectural features. The rooms and suites are distributed across several floors, each being thematically tied one of the spices or products imported during the Portuguese maritime expansion on the 15th and 16th centuries.



## Portugal, Spain & the Douro Valley

**Santiago de Compostela**      **2 nights**

### **AC Palacio del Carmen**

Hotel AC Palacio del Carmen offers 75 rooms in an emblematic and splendid building. This old Oblatas Convent was recently renovated, with its original architectural and artistic style maintained. Located in the historical centre of monumental Compostela, very near to the Plaza del Obradoiro, it provides all the services of a luxury establishment, exquisitely restored in an unrivalled setting. The restaurant offers innovative cuisine, enhanced by its unique location. In a stylish atmosphere, guests enjoy an exquisite balance between traditional Galician cooking and a delicate variety of "haute cuisine" with the individual flair of top chefs. The wine list includes excellent D.O. Spanish wines.



# Portugal, Spain & the Douro Valley

## Personal Notes & Questions